

# Shenandoah Wildflower Walks and Tournament

## Waiver for All Participants - Please Sign

I, \_\_\_\_\_ (Name, or Parent's Name) will indemnify, hold harmless, and defend Headwaters Master Naturalists, Virginia Cooperative Extension and Virginia Polytechnic Institute and State University (VPR&SU) and its employees and volunteers from all liability from loss, damage, or injury to myself (or \_\_\_\_\_ child's name), or property in any manner arising out of my (or his/her) participation in a wildflower hike on April 25, 2015 for about 2 hours, in the North River Ranger District, George Washington/Jefferson National Forest.

I have signed up for a hike on the following trail:

\_\_\_\_\_ Wolf Ridge Trail (1.5 miles walking trail, including carpooling)

\_\_\_\_\_ North River Gorge Trail (2 miles walking trail)

\_\_\_\_\_ Braley Pond (1 mile walking trail)

\_\_\_\_\_ Hone Quarry, including carpooling, less than .5 miles of walking

This includes without limitation, all consequential damages, whether or not resulting from the negligence of VPR&SU or its agents. I also indemnify and hold harmless the Friends of Shenandoah Mountain and the Virginia Native Plant Society as co-sponsors of this free hike.

\_\_\_\_\_ Signed \_\_\_\_\_ Date

## Are you ready to hike? Do you have:

- |   |   |
|---|---|
| <input checked="" type="checkbox"/> Hiking Boots or sturdy athletic shoes are required. No flip flops or sandals. | <input checked="" type="checkbox"/> Bug spray, sunscreen, and any first aid or personal items you may need. |
| <input checked="" type="checkbox"/> Long pants  | <input checked="" type="checkbox"/> Children (under 18) accompanied by a parent or guardian.                |
| <input checked="" type="checkbox"/> Rain gear/jacket  | <input checked="" type="checkbox"/> Positive I can do this! attitude  |
| <input checked="" type="checkbox"/> Water   |   |

Information we should know about you or child:

Emergency Contact for the day of the hike (name and phone):

